

Winter Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of cereal or toast	Choice of cereal or toast	Choice of cereal or toast	Choice of cereal or toast	Choice of cereal or toast
Mid-Morning Snack	Fruit selection	Vegetable Sticks	Cheese cubes & Raisins	Fruit selection	Vegetable Sticks
Lunch	Vegetable Finger, served with Peas	Spaghetti bolognaise garlic bread	Baked Cod, Beans and Potato	Chicken & Tomato Pasta Bake Warm Pittas	Sausage, mashed potato, baked beans
	Strawberry Mousse	Yogurt & Fruit	Ice Cream, wafer	Rice Pudding and raisins	Profiteroles & Fruit
Mid-afternoon Snack	Biscuits	Fruit selection/ Bread stick	Rice cakes/ Fruit selection	Biscuits	Fruit selection
Light Bite Tea	Crumpets	Mixed Sandwiches	Spaghetti Hoops on toast	Crackers/ veggie sticks	Mixed Sandwiches
Note: Fresh drinking water is always available and accessible					

Winter Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of cereal or toast	Choice of cereal or toast	Choice of cereal or toast	Choice of cereal or toast	Choice of cereal or toast
Mid-Morning Snack	Fruit selection	Raisins & cheese cubes	Vegetable sticks	Fruit selection	Vegetable Sticks
Lunch	Pizza, Veg Sticks & Hummus	Chicken Korma, Rice & Naan Bread	Fish Pie & Vegetables	Beef Burger & Oven baked Smiley Faces, Veg Sticks	Cheese & Potato Pie, Baked Beans
	Ice Cream sponge roll	Fruit Sugar free Jelly & Cream	Bananas & Custard	Butterscotch Mousse	Yogurts & Fruit
Mid-afternoon Snack	Bread sticks & veggies	Biscuit	Rice Cake/ fruit selection	Raisins & cheese cubes	Fruit selection/ biscuit
Light Bite Tea	Crackers with cheese	Mixed Sandwiches	Crumpets	Beans on toast	Toasted tea cakes
Note: Fresh drinking water is always available and accessible					

Winter Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of cereal or toast	Choice of cereal or toast	Choice of cereal or toast	Choice of cereal or toast	Choice of cereal or toast
Mid-Morning Snack	Fruit selection	Vegetable Sticks	Fruit selection	Raisins & cheese cubes	Fruit selection
Lunch	Fish Fingers, mashed potato, spaghetti hoops	BBQ Chicken, oven wedges, sweetcorn	Chilli Con Carne, rice	Cowboy Casserole	Chicken Goujons, oven baked chips & peas
	Jam Roly Poly	Peaches & Cream	Fruit Salad/Platter	Yoghurts & Fruit	Chocolate Chip traybake, ice cream
Mid-afternoon Snack	Raisins & cheese cubes	Bread stick/ fruit	Biscuit	Vegetable Sticks	Biscuit
Light Bite Tea	Crackers & veggie sticks	Beans on Toast	Mixed Sandwiches	Bagels with cream cheese	Mixed Sandwiches
Note: Fresh drinking water is always available and accessible					